

# Malibu East Dialogue

July 2013

Your Communication and Information Resource

## Changing floors, changing views – a moving experience

By Tracy Poyser

When I moved to Malibu East a little over eight years ago, I realized our population is more than double that of the tiny German village where I grew up. But, even more exciting, I felt I had moved into a mini-United Nations – 45 floors with residents of all ages, nationalities, customs and traditions, not counting all the four-legged ones.



Having lived in a slightly smaller Lincoln Park condo building with mostly young professionals and empty nesters, I was used to people just looking at the elevator buttons but rarely attempting to say more than hello. Not so in our friendly vertical village: People actually talked to each other in the lobby and elevator, and many knew each other by name. And, I had my only sister and brother-in-law just 10 floors away, instead of in Oregon!

The 34th floor hallway with my northeast corner unit turned into my own village street. Next-door neighbors offered a helping hand, such as when I spilled coffee and orange juice on my brand-new carpeting the day I moved in, and learned that we had a carpet-cleaning guy just a few floors up. The

lively but always well-behaved kids down the hall grew from playing hopscotch in front of their door into beautiful, tall and talented teenagers. It was great letting friends stay in my place when I traveled, knowing that they would be made right at home.

Of course, there's also sadness – a young couple breaking up and moving away, a neighbor losing a favorite pet, family illness and loss, and all of the ups and downs of everyday life ... all made a bit easier by neighborly empathy.

And, of course, there was my amazing view looking straight east over Lake Michigan and north along the shoreline to Evanston, and our great Chicago skyline greeting me when I stepped out onto the east balcony. From my skybox to the lake, I captured clouds, storms, sunrises, sunsets, brilliant rainbows, icy waters and white-crested waves on my camera and in my heart.

So, when I sold my home a couple of months ago and moved into a C unit just 12 floors down, I didn't just leave my four walls and my favorite views – I also traded my familiar village street for a

new one. Suddenly I was the new kid on the block, and people I had known from sight now had names I could remember. They told me that ours was a “quiet floor” where people respected each other's privacy – a good thing that can't always be taken for granted.

Looking over Osterman Beach, our lakefront with a bit of skyline, and across our pool to Malibu is a brand-new experience. I know it's the same lake, but 12 floors do make a huge difference! The clouds take on a different, sweeping perspective in connecting to the lake, and nearby piers and lighthouses seem close enough to grab – and I've already put my camera to good use. The constant hum and occasional sirens from Sheridan Road connect much more vividly to the big city out there.

The point of telling you all this is that I hope all of us make a special point of welcoming new faces on our floors, whether they are new to our building or have just changed scenery as I did. We know the names of our friendly Malibu East staff (and, of course, they have name tags) but not necessarily those of all the people living on our floors – I sure didn't. Of course, living in close quarters makes it even more important to respect boundaries, but it doesn't hurt to try to learn a little more about each other than just commenting on the weather – no offense to our very own neighbor Tom Skilling! I'm sure I will be as happy in my new Malibu East village street as I was in my old one, and hope my 34th floor friends will remember to visit!

### Malibu East events and meetings

#### Dialogue staff meeting

Wednesday, July 10

8:00 p.m. - Community Room

#### Thursday afternoon discussion

Thursday, July 18

(every 3rd Thursday of the month)

2:00 p.m. - Community Room

#### Board meeting

Tuesday, July 23

7:30 p.m. - Windjammer Room

Leave event and meeting notices at the desk for the *Dialogue*.



Photos by Tracy Poyser. Above: from 22nd floor. Below: from 34th floor.



*Our condolences to the family and friends of  
Beth Schultz*



# Board meeting notes

By Neil Warner

**Tuesday, June 25, 2013**

Attendance: Eleven Board members, two management representatives and seven residents

Excused: Allan Eckardt

Presiding: President Marcel Molins

## REVISIONS TO AGENDA

- 1) "Garage cleaning," "Additional pool furniture," "Website" and "Dog run fencing" were added under New Business.

## TREASURER'S REPORT - Neil Warner

### 1) **Financial statement**

Balance on hand, cash and reserves  
\$2,997,664.19

### 2) **Delinquencies**

Approx. \$302,000

### 3) **Audit**

A few issues are being resolved prior to the auditor issuing a first draft of the 2012 audit.

## COMMITTEE REPORTS

### 1) **Social - Sandy Chaet**

Thanks to a large turnout by residents, a new series of Zumba classes has been scheduled, and the belly dancing/exercise class is continuing. An ice cream social will be held Aug. 18, and a white elephant sale is scheduled for Aug. 24 in the Captain's Walk mall; details to follow.

### 2) **Aesthetics & Building Maintenance - Maria Damp**

A new lighting option will be installed in a part of the garage in July, enabling the Board to compare options side-by-side.

### 3) **Public & Community Affairs - Sandy Chaet**

Loyola University is seeking to permanently close Kenmore to vehicular traffic between Rosemont and the short east-west stretch of Sheridan Road. The Board indicated that it would like ASCO to oppose this plan. Chicago Police Department bike patrols have resumed on Sheridan Road, with violators being ticketed. The rebuilt Edgewater Branch Library opened June 22. The alderman's office and ASCO are planning movies and concerts in our neighborhood this summer (go to [www.48thward.org](http://www.48thward.org) for details). The rebuilt Walgreens on Broadway near Glenlake is scheduled to reopen in mid-July. The Chicago City Council has passed a bedbug ordinance. The City is planning water main work, along with street resurfacing, on Sheridan Road from Thorndale to Devon beginning in October, which is likely to cause traffic congestion.

### 4) **Long-Range Plans & Special Projects - Carl Stahlheber**

Elevator modernization should be moved to the Aesthetics & Building Maintenance Committee and fast-tracked so that the Board can have a plan in place for next year. The committee would like to begin a lobby redesign study and also look into

improvements of the swimming pool enclosure.

### 5) **Sports & Entertainment - Neil Warner**

Yoga classes continue to be held each Monday evening, generally opening to new members on the first Monday of each month.

### 6) **Life Safety - Sandy Chaet**

A mock-up of the wiring and speaker box placement was installed on the 30<sup>th</sup> floor in June. The building-wide installation of the system will begin July 8. Conduit for loudspeakers will be installed, originating in the east stairwell and going west in each residential corridor, recessed into the wall. Four loudspeakers will be installed in each corridor. (See "What's happening around the building" on page 3 for more details.)

## MANAGEMENT REPORT - Violette Deschamps

### Items requiring immediate Board action

#### 1) **Voice communication construction administration**

The Executive Committee was empowered to renegotiate the vendor's contract based on it providing additional services.

#### 2) **22.1 disclosure form**

The Board approved an updated form, which is distributed to prospective unit buyers.

### Old business

#### 1) **Voice communication**

See Life Safety Committee report above.

#### 2) **Voice communication/traveling cables**

Management discussed various options and will investigate further.

#### 3) **Laundry Room**

New electrical panels that are required for the additional electrical capacity that the Board previously approved to power our laundry equipment will be installed in an unused space behind the back wall of the Laundry Room. Access to the space will be through a door that will be constructed in the east hallway to the Captain's Walk. Also, the drains in the Laundry Room will be checked to determine what repairs need to be done.

#### 4) **Shower rooms**

Repairs and replacement of the tile were completed in the shower room portions of the men's and women's saunas.

#### 5) **Captain's Walk plumbing investigation**

A plumbing company is investigating possible new leaks. A dehumidifier has been placed in the area.

#### 6) **10L proposed repair work**

The Board approved an expenditure for extensive repairs to this unit owned by Malibu East, in order to get it ready for sale or lease.

#### 7) **Façade report**

Inspection and maintenance on the D tier will begin July 8, weather permitting.

#### 8) **Association-owned units - repair protocol**

Tabled.

Please keep in mind that the meeting notes are not the official record of the Malibu East Condominium Board of Directors meetings. The official minutes are generally approved during the next meeting and may be viewed or copied in the management office.

### 9) **Garage lighting**

See Aesthetics & Building Maintenance Committee report above.

### 10) **Pool furniture**

Scheduled for delivery in mid-July.

### 11) **Restaurant project**

Management is investigating the cost of the mechanical work that would be needed to open a restaurant in the Captain's Walk.

### 12) **Boat dock stairwell project**

Waiting for an opinion from our engineering firm.

### 13) **Camera**

A new DVR was installed for our security system.

### 14) **In-house TV channel**

Management will investigate the cost of the new hardware needed to resurrect the in-house TV channel.

## New business

### 1) **Cable TV and delinquent accounts**

The Board discussed whether it is feasible, or advisable, to disconnect the bulk TV package for owners who are delinquent in their assessment payments. Management will investigate this.

### 2) **23L sale**

Tabled.

### 3) **Garage cleaning**

Tabled.

### 4) **Additional pool furniture**

The Board approved a motion to purchase 10 sand chairs and four high-back chairs, in addition to the pool furniture previously ordered.

### 5) **Website**

Director Carl Stahlheber will investigate new software for updating the Malibu East website.

### 6) **Dog run fencing**

Tabled.

## **RATIFICATION OF ACTION TAKEN DURING CLOSED SESSION**

- 1) The Board voted not to allow the use of the Windjammer Room for a meeting featuring a political figure without the payment of the usual room rental fee.
- 2) The Board approved the property manager's request to increase the hourly wages for the pool attendants.
- 3) The Board authorized an expenditure for architectural services in conjunction with the proposed building of a stairway from the Captain's Walk to the boat dock.
- 4) The Board approved a payment plan whereby the eviction of a delinquent owner will be delayed provided the owner complies with specified payment terms.
- 5) The Board authorized the leasing of space in our garage to a neighboring condo association to accommodate its needs during the reconstruction of its garage.

The meeting ended at 10:50 p.m. and went into closed session.

## What's happening around the building

By Violette Deschamps, Malibu East Manager

**Assessments** are due the first of the month. The Management Office cannot accept assessment payments.

**Pool furniture:** The Board of Directors approved the purchase of new pool furniture. The first order is expected to be delivered on July 19; the second order, consisting of additional nesting chairs and sand chairs, will be delivered about two weeks later. Thanks to the Aesthetics & Building Maintenance Committee for its hard work and due diligence on this project.

**Improvements in units:** Per the Rules and Regulations of Malibu East, each owner is required to report to management all remodeling, repair, renovation and redecoration work in a unit. Despite similar information having been disseminated in the *Dialogue*, we are still experiencing issues with unit owners signing service contracts with contractors to do work in their units with no documentation forwarded ahead of time to management. Please contact management as soon as you are projecting to do work in your unit, so as to seek guidance. Work in a unit would include anything from small repairs to major renovation. The most common projects in a unit include replacement of the HVAC unit, carpet, kitchen counter and sink, patio door and so forth.

Here is the procedure to follow:

1. A construction form (one page) must be filled out by the owner (or his/her representative) to describe the work to take place in a unit.
2. Once management has on file the construction form, the contractor hired to do such work must provide proper documentation to management (license and insurance) in order to be admitted into the

### TV issues?

To add optional TV programming to your account, phone DirecTV at 800-531-5000.

For customer service regarding equipment repair, installation or technical support, call USA Wireless at 800-433-4558 or email them at [orders@usadishtv.com](mailto:orders@usadishtv.com)

building.

3. Management will then authorize the work once all the paperwork is in compliance with the Rules and Regulations.
4. Management will instruct the Receiving Room employees to give access to the contractor that is properly documented with management.

You will save a lot of time and aggravation to your contractors by abiding with these procedures ahead of time.

**Life safety project voice communication system:** The mock-up has been completed on the 30th floor. The bulk wiring will start in the stairwells on July 8. This work will involve some drilling noise that may transfer into units. We will inform you ahead of time when the work will start on the residential floors. A flow chart will be prepared by our vendor, Commercial Alarm, and displayed in the lobby to inform you of the work progress.

**Facade maintenance and repair work:** Golf Construction will begin the maintenance and repair of the exterior wall and balconies of the D tier on Monday, July 8. We are expecting completion of the work on the D tier in 4-6 weeks, weather permitting. The work will create dust and vibrations (noise) in the building.

Residents may want to take the following steps to prevent damage to your property during the work:

1. Remove all pictures and decorations from exterior walls and walls adjacent to exterior walls.
2. Wind will blow dust and dirt around the outside of the building. Do not assume that doors can be opened just because the work is performed above, below or adjacent to your unit. Keep your balcony doors closed if you don't want dust to infiltrate your unit.
3. If there is air infiltration at the balcony doors or other openings, you can reduce the effects by blocking the flow with rags, towels or tape.

**Unclaimed lockers:** We have accomplished a lot of progress on this topic as numerous residents have claimed their lockers since we posted our list of unclaimed lockers. You do not need to contact management if your locker is NOT on the unclaimed locker list; this means that we already have your locker number in our records.

**Balconies:** Malibu East offers the service of repainting your balcony, if you choose. The cost is \$360 per balcony, which includes painting the railings, as well. Do not hesitate to contact management to register for this service. Our staff uses a type of paint that will not void the warranty of the manufacturer of the waterproof membrane sealant underneath the paint. Residents are not permitted to paint their balconies.

**Questions or concerns?** Email me at [MECAMgr@SudlerChicago.com](mailto:MECAMgr@SudlerChicago.com) or telephone 773-271-1732.

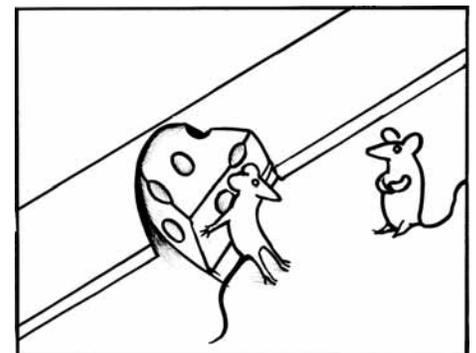
## Caption contest

This month we're trying something new: a contest in which we're asking our readers to suggest humorous captions for the cartoon you see here.

You can email your suggested caption to [Dialogue@MalibuEast.org](mailto:Dialogue@MalibuEast.org) or write it on a sheet of paper and leave it with the doorman to the attention of the Dialogue editor, Neil Warner. Include your name, unit number and telephone number with your entry.

You can submit as many entries as you wish. The entry deadline is 5 p.m. Monday, Aug. 5.

Our cartoonist, Nick Blea, is donating a \$25 gift card to the person who submits the winning caption. We'll publish the winning caption in a future issue.





**Community Calendar**  
By Betty Mayian

**COMMUNITY AFFAIRS**

**BROADWAY ARMORY**

Indoor park, six gym floors, trapeze classes, senior activities, athletic equipment, meeting room, computer center, dancing floor, shuffleboard, weights, arts and crafts, aerobics, ping pong, after-school activities and more.

5917 N. Broadway  
312-742-7502  
tinyurl.com/27YYYN

**CONCERT IN THE PARK**

Ruthie Seidner, musical director from Emanuel Congregation, will entertain with folk songs, sing-along, etc.

Tuesday, July 9, 7-8 p.m.  
Schaalman Park, SW corner of Thorndale and Sheridan.  
Sponsored by Ald. Osterman, ASCO and Emanuel Congregation.  
Bring a blanket or chair.  
Rain date: Thursday, July 11

**EDGE FEST**

Street fair featuring local artists, live music and food from neighborhood restaurants.

5900 N. Broadway (at Thorndale)  
Sat., Aug. 3, noon - 10 p.m.  
Sun., Aug. 4, noon - 9 p.m.  
Admission: \$5 donation suggested

**EDGEWATER BRANCH LIBRARY**

Now open for business at 6000 N. Broadway  
Mon. and Wed.: noon - 8 p.m.  
Tue. and Thur.: 10 a.m. - 6 p.m.  
Fri. and Sat.: 9 a.m. - 5 p.m.  
(closed on Sundays)  
tinyurl.com/5L55TL

**EDGEWATER HISTORICAL SOCIETY**

**"Anniversary Year Treasures of Edgewater" (25 years as a historical society)**

The current exhibit is for the Treasures of Edgewater.  
Join us for an encore presentation of *Forgotten Chicago's Shoreline Motels*, by Patrick Steffes  
at the Edgewater Branch Library  
6000 N. Broadway  
Saturday, July 20, 1 p.m.  
Regular museum hours:  
Saturday and Sunday 1-4 p.m.  
5358 N. Ashland Ave.  
773-506-4849  
www.EdgewaterHistory.org

**WHITE CRANE WELLNESS CENTER**

Adult day wellness programs for persons 60 and over. Gentle yoga, tai chi, music, exercise, lunch and snacks. Transportation provided within boundary area.  
1355 W. Foster Ave.  
773-271-9001  
whitecranewellness.org

**THEATER / SHOWINGS**

**JACKALOPE THEATRE COMPANY**

**"The Casuals"**  
This is a play about paranoia in the 1960s nuclear age.  
Thru July 28  
1106 W. Berwyn  
773-340-2543  
jackalopetheatre.org

**LIFELINE THEATRE**

**"Three Musketeers"**  
Pursuing his dream of becoming a Musketeer, young d'Artagnan travels to Paris, where he befriends the legendary Three Inseparables: Athos, Porthos and Aramis.  
Thru July 21  
6912 N. Glenwood  
773-761-4477  
lifelinetheatre.com

**RAVEN THEATRE**

**"Brighton Beach Memoirs"**  
Set in Brooklyn in 1937, this coming-of-age comedy focuses on a teenager's experiences with his family.  
Thru July 14

**"Black and Blue"**

A battle between two brothers – one, a die-hard Cubs fan and the other a die-hard Sox fan.  
Thru July 28  
6157 N. Clark  
773-338-2177  
raventheatre.com

**REDTWIST THEATRE**

**"Treats"**  
Regarding love triangles, does anyone ever win one of these things?  
Thru July 8  
1044 W. Bryn Mawr  
773-728-7529  
redtwist.org

**STEEP THEATRE**

**"Fallow"**  
In the wake of the murder of her only son, a mother retraces his steps in search of answers.  
July 11 thru Aug. 17  
1115 W. Berwyn  
866-811-4111  
steeptheatre.com

**✂ Clip & Save ✂**

**IMPORTANT NUMBERS**

Doorman's Station ..... 773-271-1769  
Garage Office ..... 773-271-5193  
Management Office ..... 773-271-1732  
Receiving Room ..... 773-271-2608

**CAPTAIN'S WALK MALL**

Dr. Ahmad Bastani ..... 773-506-9600  
Drs. Jack & Kerstin Horbal ..... 773-275-0110  
First Commercial Bank ..... 773-564-4122  
Sheridan Hair & Body Studio ..... 773-561-6595  
Malibu Cleaners ..... 773-728-6023  
Malibu Convenient Store ..... 773-769-5440  
H. M. Wagner Realty ..... 773-334-0200

**CITY SERVICES/UTILITIES**

Aging & Disability ..... 312-744-4016  
Alderman Harry Osterman ..... 773-784-5277  
Assessor's Office ..... 312-443-7550  
AT&T ..... 800-288-2020  
AWB ..... 312-951-9600  
Chicago Transit Authority ..... 312-664-7200  
Chicago Park District ..... 312-747-2200  
City Hall Inquiry & Info ..... 312-744-5000  
Com Ed ..... 800-334-7661  
Consumer Services ..... 312-744-4006  
48th Ward Streets & San ..... 312-744-2130  
Edgewater Branch library ..... 312-744-0718  
Police (24th Dist.) ..... 312-744-5907  
Police/Fire Emergency Only ..... 911  
Police/Fire Non-emergency ..... 311  
RTA Travel Information ..... 312-836-7000  
USA Wireless ..... 800-433-4558

**2012-13 Board of Directors**

Marcel Molins, President  
Richard Strauss, 1st Vice President  
Thomas Vaughan, 2nd Vice President  
Neil Warner, Treasurer  
Carl Stahlheber, Assistant Treasurer  
Arthur Arfa, Secretary

Maria Damp, Assistant Secretary  
Carl Chadek, Director  
Sandy Chaet, Director  
Allan Eckardt, Director  
Martina Molins, Director  
Joan Scholl, Director

**Restaurant review:**

**Mexican flair, flavors at Más allá del Sol**

*By Tracy Poyser*

With so many new Southeast Asian restaurants opening in our neighborhood recently, our Dialogue dining adventurers were happy to go south to Mexico to bring you their review of the latest Edgewater addition. Más allá del Sol – or “Beyond the Sun” in English – takes its name from a song title by Grupo Nuevo Vida – and our group found much to sing about!

Located at 5848 N. Broadway, between Rosedale and Ardmore (formerly the location of the vegetarian restaurant Green Village), the restaurant opened about three months ago. Proprietors Adan and Mirella Moreno, already well-known as the owners of Lincoln Square’s popular Los Nopales, which opened in 2005 and has earned the prestigious Michelin Bib Gourmand distinction, have brought the same authentic, vegetarian-friendly Latin American and Mexican dishes to their new Edgewater eatery.

Born in Mexico, chef Adan Moreno grew up enjoying his family’s traditional Mexican cooking. His passion and love for the food of his native Mexico has inspired him to create the dishes at Más allá del Sol. At an early age, he developed a passion for cooking food using only the freshest ingredients. He is constantly experimenting with herbs, spices and interesting fruits and vegetables. He personally chooses all the fresh ingredients used at Más allá del Sol, from the tomatillos in the salsa, the Mexican avocados in the guacamole to the beef in the carne asada.

So, we walked over to the restaurant –

an easy 10-15 minutes from Malibu East – with pretty high expectations, even though the place was pretty new at the time of our visit. We were greeted very cordially by Mirella herself and found the interior spacious, colorful and conversation-friendly, although it wasn’t very crowded at the time. There’s a large bar area, and tables are well-spaced and comfortable.

The menu is extensive and covers a wide range of traditional and more exotic Mexican fare. Prices are a touch on the high side, but portions are plentiful and certainly affordable if you opt for sharing appetizers and main courses. Start with fortifying yourself with one of their delicious cocktails – the margarita de la casa is awesome, and the mojitos strong and delicious.



Our group of five selected a variety of shareable dishes. An interesting ceviche appetizer with shrimp and tilapia ordered by Debbie had an unusual lemon-orange taste twist, although Beth said she prefers more traditional ceviche. Neil’s braised lamb shank in a light tomato-chipotle sauce came with mashed potatoes and verdolagas in lime vinaigrette, a vegetable green used in many Latin American countries. Beth opted for the more traditional chicken fajitas served with tomatoes, green peppers, onions and

mushrooms, and accompanied by rice and beans – tasty, crunchy and tender. Beth’s husband, Freddy, thought his enchiladas were OK but not particularly outstanding. My choice was costillas, roasted baby back ribs in a chile ancho, pineapple and tequila sauce and served with a grilled cactus petal, sliced jicama, pineapple and corn mashed potatoes. The combination is as delicious as it sounds – and I especially savored the slightly crunchy cactus petal.

We concluded our culinary journey with a delicious shared portion of pastel de coco y piña – a combination of mezcal pineapple, shaved coconut, mango and raspberry puree accented by basil sauce. Definitely worth ordering again!

So, I think our recommendation would be to opt for the more adventurous regional dishes rather than Mexican “fast food” fare like tacos and enchiladas. Chef Adan came out to greet us personally, and he’ll adjust the heat (or lack thereof) of any dish to accommodate your taste buds. Service was super-friendly, but expect some time between courses because everything is freshly prepared and definitely worth the wait.

Más allá del Sol also offers an extensive brunch menu – haven’t tried that yet, but it sure looks appealing. Check their menu on their website, [www.masalladelso restaurant.com](http://www.masalladelso restaurant.com)

Address: 5848 N. Broadway St., Chicago, IL 60660  
 Phone: (773) 654-1900  
 Tuesday-Thursday: 4-10 p.m.;  
 Friday: 4-11 p.m.  
 Saturday: 10 a.m.-2 p.m., 4-11 p.m.  
 Sunday: 10 a.m.-2 p.m., 4-9 p.m.  
 Closed on Mondays

**Malibu Convenient Food Mart**

6033 N. Sheridan in the Captain’s Walk

Stop in for coffee – and.



Fresh pastries delivered daily

Mon-Fri: 8 a.m. to 9 p.m.  
 Saturday: 8:30 a.m. to 8 p.m.  
 Sunday: 10 a.m. to 6 p.m.

For Delivery Call: 773-769-5440

**Buying • Selling • Renting • Management**

Your Sheridan Road Condo Specialists

**For sale in Malibu East: 21E**  
**Recently sold in Malibu East: 17L, 32D**  
**For sale in Malibu: 21H (1BR), 30D**  
**Rentals available Malibu & Malibu East**



Helen Wagner

773-334-0200



**Wagner Realty Services, LLC**



Captain’s Walk Mall  
 6033 N. Sheridan Rd. #5  
 Chicago, IL 60660

Phone: (773) 334-0200  
 Cell: (773) 297-0205

[HMWagnerRealty@sbcglobal.net](mailto:HMWagnerRealty@sbcglobal.net)

# Summer Specials

**20% Off All New Kitchens and Baths**

**Painting  
Specials**



**KC Beautiful Dimensions**

**And**

**COMFORT HOME**  
REMODELING

**Are Working Together For All Your Home Improvement Services**

**We Are Fully Licensed and Insured and Have Professionals Specializing in:**

- Complete Kitchen and Bathroom Remodeling and Design
- Eight Lines of Kitchen and Bathroom Cabinets in Stock
- Counter Tops - Granite, Natural Stone, Silestone, Marble
- Custom Backsplash Design - Glass, Tile
- Flooring - Hardwood, Engineered, Laminate, Pre-Finished
- Floor and Wall Tile - Ceramic, Porcelain, Glass Tiles, Marble
- Installation of Doors, Baseboards, Casings, Crown Moulding
- Painting and Decorating, Drywall and Plastering Repairs
- Closet Design and Installation
- Plumbing Repairs, Faucets Installed
- Balcony Screens Repaired

**No Job Is Too Small • All Handyman Services Offered**

**Contact Us To Schedule A Personal Appointment: 773-878-1574  
773-440-3787**

**CurtisJacobson@sbcglobal.net    www.ComfortHomeRemodeling.com**

## Loyola farmers market

By Lori Ziesmer

In 2009, several students at Loyola University Chicago's Lake Shore Campus, taking a class on solutions to environmental problems, had an idea. The students wanted to serve those with needs by increasing the access to healthy, local foods grown sustainably, and bring the food to their nearby community in the Edgewater and Rogers Park neighborhoods.

In 2011, Loyola University donated five acres of land located on the grounds of the Retreat & Ecology Campus in Woodstock for a self-contained, student-run farm of fruits, vegetables and chickens. The farm's objective is to utilize practices that will promote farming in a healthy and sustainable manner and protect the balance of life.

The two campuses, working together, launched the Loyola farmers market at the southwest corner of Albion Avenue and Sheridan Road in the summer of 2011, with the Loyola student farmers being one of the vendors at the weekly market.

The Loyola farmers market is designed and managed by students who

receive no college or community service credits for participating in the project. The students work on the market because they want to help small vendors get their products into the hands of the community. They gain experience working behind the scenes of a farmers market, while developing an entrepreneurial spirit and sense of belonging in the local community.

The students each year identify which vendors they would like to participate at the market, extend invitations, help with setup and teardown and manage the weekly running of the market. The market gives them hands-on problem-solving experience that they cannot learn by just being in the classroom.

Participating vendors at the Loyola farmers market:

- Loyola Student Farm – vegetables
- Armstrong Farm – organic vegetables
- Patyk's Farm – seasonal vegetables
- Benton Harbor Fruit and Bee Folks – assorted fruits and honey
- Three Queens Organic –organic maple syrup
- BOT Bakery – gluten-free baked goods

- Peerless PB&J –specialty breads and jams
- C&D Family Farms –pork and other meat products
- Stamper Cheese – artisan cheeses
- Presto Pesto! –pesto, plus variations to accommodate those with allergies to nuts and dairy
- Songbird Coffee Roasters – lemon-ade, iced and hot coffees and roasted coffee beans
- That's So Sweet – fresh fruit and cream dipped in chocolate
- Sharpening by Dave – knife sharpening

All vendors accept cash and the Link Card.

Accessible either by walking down Sheridan Road or by riding the 147 or 151 buses, this market, located a half mile north of our condominium, provides the opportunity to mingle with the vendors and students and shop in a relaxed atmosphere, while purchasing local and seasonal fruits and vegetables supporting the "farm to plate" lifestyle. The market, located at 6590 N. Sheridan Road, is open on Mondays only between 3 p.m. and 7 p.m. now through Sept. 23, and from 2:30 p.m. until 6:30 p.m. from Sept. 30 through Oct. 14.

### Chestnut Organizing & Cleaning Service

312-332-5575

- We are a home and office cleaning service.
- But more importantly, we are an organizing/cleaning service for people who need that service. Often, cleaning services don't organize and organizing services don't clean, but we can do both and at the same time!
- Please visit us for more information and "before" and "after" photos:

[www.ChestnutCleaning.com](http://www.ChestnutCleaning.com)

PHONE: (773) 275-0110

HOURS BY APPOINTMENT

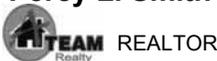
**DR. JACK P. HORBAL**  
**DR. KERSTIN E. HORBAL**  
 DENTISTS

CAPTAIN'S WALK  
 6033 N. SHERIDAN RD.  
 CHICAGO, IL 60660  
[www.horbalds.com](http://www.horbalds.com)

5128 W. Irving Park Rd.  
 Chicago, Illinois 60641  
**Business: (773) 283-4600**  
 Home: (773) 271-7649  
 Cell: (773) 520-1945  
 PSmith6033@sbcGlobal.net

**Expert service, Buying, selling or renting — contact Percy**

**Percy L. Smith**



**Recently closed on 34B, 25L**  
**Contracts pending on 17A, 37K**  
**Units for sale: 39A, 35D, 20L**

### 'Town Crier' announcements

by Caitlin Gilman

We welcome all new residents to our building, including:

If you have information concerning talented or famous Malibu East residents, please contact the *Dialogue*.

## A simple Provence meal from Rym Sabaar's kitchen

By Barbara Abarbanell

*Editor's note: The author has become familiar with the Provence region of France as a result of frequent trips to visit her family.*

Avignon is a small, walled village in southern France, about 85 miles north of Marseilles, the second-largest city in France. The Rhone River runs on its north side, outside the wall. Its banks are wild, and certain areas are dumping grounds. Parks are formal set-asides in Avignon proper. About 12,000 people live within its wall, 85,000 outside the wall.

The wall surrounding Avignon proper was built in the early 14th century to protect Pope Clement V, a French pope, who vied for the papacy with Urban VI, an Italian pope, and lost. Six successive French popes lived there, and then the French and Italian popes made up and the papacy moved to Rome. The pope's palace is the only tourist attraction, a day trip, nothing more.

The farmland around this area is verdant. The cooking is French, not Parisian. The distinction between the two is simplicity. These are the folks, dear reader, who created a soup out of onions, water, dried-out bread, Gruyère cheese – that is, if you had cheese – and wine, that is, if you had wine to spare. If not, you used a drop of vinegar. It reads like a famine meal. The Internet says the first noted recipe occurred in the 17th century. It was ratcheted up to include beef broth, croutons, butter and other non-famine ingredients.

I know of one supermarket in this area that Rym and I frequented for things we were unable to get at the weekly *marché* (farmers market) held in a parking lot close to her home outside the wall on Saturday mornings. It was a fine supermarket, but the prices for meats, produce, cheese, herbs and spices were much higher than at the *marché*. The quality is marvelous despite the prices. French people would not have it any other way.

Entire families shop at the end of the workday for that evening's meal. The children choose vegetables and fruits, hold them up for their parents' scrutiny,

and only put them into the cart when there is a nod and a "Oui."

We bought cleaning aids, lovely, locally produced lavender soap and paper goods there. I did buy veal breast at the supermarket, which comes in two styles: *rouge* (red) or *blanc* (white). I opted for *rouge* because that's what I know. Turkey is sold only at the supermarket, a very unpopular meat in France. Rym and her family wouldn't even consider roast turkey for dinner.

There are no fresh fish stands at our favorite *marché* or any *marché* in Provence. Curiously, fish is sold frozen at the supermarket, and only the waters where the fish is caught is designated. That's right, a bunch of packaged frozen fish is merely labeled "China Sea." I opted out.

To buy fresh fish, you have to travel 85 miles to Marseilles, which we did weekly. Shopping at the quay was a lesson in personality types. The fishermen and their wives are a sturdy bunch... with an attitude. I found them enchanting; they knew it. We enjoyed each other's company for the short duration of the purchase. Of course, I haggled. Did they get the best of me? Sure. I let 'em. They work like dogs.

Bread is purchased twice daily: in the

morning before breakfast, eaten for breakfast and lunch, and in the early evening before supper. None is left at the end of the day. The identical bread is baked daily at hundreds of bakeries, and the prices vary from six euro cents to 1.25 euro. We bought the six euro cent bread. It was delicious.

Here's a steamed fish recipe from Rym's kitchen, modified for American ingredients.

### Ingredients

- Peanut oil, only peanut oil will do
- Yellow onions, minced a lot
- Dried, minced onion, to taste
- Dill, fresh or dried, to taste
- Tilapia or any white, firm-fleshed fish

### Preparation

Heat peanut oil in skillet until sizzling. Turn heat down to medium and add minced yellow onions. Cover and simmer until onions are translucent.

Add dried, minced onion on top of sautéed onions, lay fish fillets on top, cover. Turn off heat and wait at least seven minutes, until fish is steamed and done.

Before serving, sprinkle dill on top of fillets. Serve with boiled potatoes, any fresh green vegetable and steamed carrots.

### The Dialogue

The Malibu East Condominium *Dialogue* is published by resident volunteers to promote communication among owners, residents, the Board of Directors, management and staff of Malibu East Condominium, 6033 North Sheridan Road, Chicago, IL 60660.

Articles written by and opinions of the Malibu East Condominium *Dialogue* staff and contributors are their personal views and do not necessarily represent the views of Malibu East Condominium or its Board of Directors and management.

Letters to the Malibu East Condominium *Dialogue* Committee are encouraged. Its staff reserves the right to edit those letters which it sees fit to print and to print only those with constructive content. Letters to the *Dialogue* Committee may be left at the management office.

### Advertising disclaimer

The *Dialogue* neither endorses nor promotes in whole or part any advertising printed in the *Dialogue* newsletter or included as a separate insert. The content of such advertising is the sole responsibility of the advertiser and is paid for by the advertiser. Advertising fees are used to defray the publication cost of the *Dialogue*.

Copyright © 2013 Malibu East Condominium. All rights reserved. This material may not be duplicated or distributed without written permission from authorized representatives of Malibu East Condominium.

### Malibu East Condominium

6033 N. Sheridan Road  
Chicago IL 60660-3003  
773-271-1732

Marcel Molins, Board President  
Violette Deschamps, Malibu East Manager  
Tom Vaughan, Chairman of the  
Communications Committee  
Larry Rosen, Webmaster  
[www.MalibuEast.org](http://www.MalibuEast.org)

### Malibu East *Dialogue* Committee

[Dialogue@MalibuEast.org](mailto:Dialogue@MalibuEast.org)

Neil Warner, Acting Editor  
Larry Rosen, Graphics Editor  
Barbara Abarbanell

Jackee Ames  
Nick Blea  
Jo Gayle  
Katie Hefferman  
Ken Ilio  
David Kelley  
Myrna Manners  
Betty & Ara Mayian  
Ethel Mullin  
Kim O'Neal  
Tracy Poyser  
Beth Robinson  
Nancy Stoesser  
Lori Ziesmer