

Malibu East Dialogue

April 2017

Your Communication and Information Resource

April management report

By Violette Deschamps

PERSONAL TRAINERS:

An increasing number of residents are using personal trainers. The Board of Directors has prepared a new Personal Trainer Packet that must be read and acknowledged by non-resident trainers and trainers who are registered as residents of Malibu East and are training resident clients in the authorized facilities of Malibu East. The Personal Trainer Packet is available in the Management Office. You will find the Policy portion of the Personal Trainer Packet on page 3.



STACK EFFECT: The stack effect in high-rises is common due to the long and narrow shafts built within the building towers from lower levels to roofs. The stack effect is the result of chimneylike structures sucking the air from the bottom of the building and forcefully pushing it to the roof. Examples of those chimneylike structures at Malibu East are the garbage chute, stairwells, smoke tower and elevator shafts. Those structures are

responsible for “negative air pressure” or “chimney effect” or “stack effect.” Just imagine a fan as big as a house sitting on our roof and sucking the air out of the building.

Several components of high-rises may benefit from negative air pressure in a building; OTHERS DO NOT. For instance, common-area doors closing in the direction of the chimney effect will benefit, or may even slam shut; doors closing in the direction opposite to the chimney effect MAY BE IMPAIRED AND NOT CLOSE without a “little push.”



The access door to the service elevator from the Lobby is subject at times to the chimney effect. It is more noticeable when it is windy and cold outside. The door will remain ajar unless you give it a “push” until it latches. This door is particularly subject to the chimney effect due to its proximity to three components of the building acting as chimneys: the service elevator shaft, the west stairwell and the adjacent smoke tower. The smooth operation of the service elevator is dependent on that access door from the Lobby being closed.

LINT: Accumulated lint in the filter of the clothes dryers will impact the performance of the dryers by restricting the air flow in the machines, resulting in longer drying time. Please diligently remove the lint gathered during the drying cycles of the machines before you use them and afterward, too – except for the high-capacity dryers that don’t allow customer access to the lint filters.

High tea returns

Following up on the success of last year’s event, the Malibu East Social Committee has set Sunday, May 7 for another high tea. The event will held from 3 to 5 p.m. in the Windjammer Room, with no charge to attend.

The term “high tea” originally referred to an evening dining tradition in England but has spread to other English-speaking countries. In current times, the term has more commonly come to mean an afternoon tea that is served in hotels, specialty tea shops and on cruise ships. It is no longer considered a full meal but typically features finger sandwiches, a variety of pastries/desserts and, of course, hot tea.

Malibu East resident Randall Fler will provide piano music at the high tea.

Dressy casual or cocktail attire is suggested, with ladies’ hats optional, and the committee asks that no jeans or overly casual clothing be worn. Last year’s high tea was a somewhat dressy event, including several women in elegant hats, with approximately 50 residents attending.

It is VERY important, however, that residents RSVP by Tuesday, May 2 if they are planning to attend the event, so that the committee can plan accordingly.

A flier will be posted and distributed in late April.

Malibu East events and meetings

Easter egg hunt

Saturday, April 8
10:00 a.m. - Windjammer Room

Thursday afternoon discussion

Thursday, April 20
2:00 p.m. - Community Room
(every 3rd Thursday of the month)

Board meeting

Tuesday, April 25
7:30 p.m. - Windjammer Room

Dialogue staff meeting

Wednesday, May 3
7:30 p.m. - Community Room

High tea

Sunday, May 7
3:00 p.m. - Windjammer Room

Leave event and meeting notices at the desk for the *Dialogue*. For more events: malibueast.org/calendar

“Town Crier” announcements by Melody Keegan

We welcome all new residents to our building, including:

If you have information concerning talented or famous Malibu East residents, please contact the *Dialogue*.



Our condolences
to the family and
friends of
William Scothorn



Board meeting notes

By Neil Warner

Tuesday, March 28, 2017

Attendance: Ten Board members, two management representatives, five residents
Excused: Joan Scholl, Sriram Sitaraman
Presiding: President Marcel Molins

REVISIONS TO AGENDA

- 1) "Insurance renewal" was added to Items Requiring Board Action.

TREASURER'S REPORT – Carl Stahlheber

1) Financial statement (as of Feb. 28)

Operating and reserve cash
\$3,294,321
Investment in units
\$3,286,645 (21 units)
Excess of operating revenue over expenses
\$88,776

2) Delinquencies (as of March 21)

\$428,344, including \$274,564 from former residents, less \$275,000 allowance for doubtful accounts

3) 2016 audit

Auditor is working on audit.

COMMITTEE REPORTS

1) Architecture & Aesthetics – Carl Chadek

Board voted to remove the post-and-chain fence on the Glenlake parkway and instructed management to investigate an inexpensive, temporary fence to replace it.

2) Garage – Martina Molins

The garage was 45 cars below capacity as of Feb. 28. Eleven residents are on the waiting list for single self-park spaces. There was no damage claim in February.

3) Pet – Sandy Chaet

The dog walk needs to be sanitized and new gravel added.

4) Units/Redecorating – Carl Chadek

Two units (18L, 35F) are being renovated. Director Chadek looked at each of the Association-owned units that are vacant or have current leases that will expire soon.

5) Sports – Neil Warner

Yoga is now being offered two nights a week, Mondays and Thursdays, in separate classes. Residents can join only at the first session of the month and must commit to the full month.

6) Social – Sandy Chaet

An Easter egg hunt is planned for 10 a.m. Saturday, April 8 in Community Room. Discussion group meets at 2 p.m. Thursday, April 20 in Community Room. A high tea will be held at 3 p.m. Sunday, May 7 in Windjammer Room (see article,

Page 1).

7) ASCO & Community Affairs – Sandy Chaet

ASCO will hold a general meeting at Malibu Condominium, 6007 N. Sheridan, at 7 p.m. Thursday, April 27, when attorneys Eliot Schencker and Kristofer Kasten, from ASCO legal counsel Michael C. Kim & Associates, will discuss condo legislation pending before the Illinois General Assembly and how it might affect residents. Malibu East residents are welcome to attend. City Lit Theater will present "Forty-Two Stories," a comedy about high-rise condo living, April 14 through May 28. Use the promo code "ASCO" for a discount on tickets. (See Community Calendar, page 4.)

MANAGEMENT REPORT – Violette

Deschamps

Items requiring immediate Board action

1) Electricity contracts

Directors voted to lock in our electricity rate for the next 12 months.

2) Personal trainer policy

Board approved a new Personal Trainer Policy covering all personal trainers who train resident clients on Malibu East property. (See article, Page One.)

3) Captain's Walk lease #1

Directors approved a one-year lease for a financial services business in the commercial unit.

4) Captain's Walk lease #2

Board approved a one-year lease for a psychiatric services practice in the commercial unit.

5) Captain's Walk lease #3

Directors approved a two-year lease for a packaging business in the commercial unit.

6) Captain's Walk lease #4

Board approved a two-year lease, with an option for two additional years, for a fitness training business in the commercial unit.

7) Windjammer Room deposit

Directors voted to retain the \$200 security deposit for a party that required extra cleanup by our staff.

8) 22.1 disclosure statement

Approved as amended.

9) Insurance renewal

Board approved the renewal of its multi-peril/package insurance, with the premium being less than last year's premium and considerably under budget.

Old/new business

1) Landscaping project interviews

Please keep in mind that the meeting notes are not the official record of the Malibu East Condominium Board of Directors meetings. The official minutes are generally approved during the next meeting and may be viewed or copied in the management office.

A meeting will be set up for two additional interviews.

2) Structural investigation: garage

Board's consultant examined the deteriorated columns in the garage and will make recommendations for work that needs to be done.

3) West penthouse air handler

A warranty claim has been filed for the air handler that failed.

4) Seawall project

Nothing new.

5) Balcony/facade project

The project has gone out to bid. It has not yet been determined whether any of the work will commence this year.

6) Elevator report

Directors expressed concern about the recent increase in elevator problems.

7) Recycling program

Our residents are recycling more than they did a year ago.

8) Garage self-park assessment

Garage manager Ali Saeed performed a study of the parking space configuration in our garage and concluded that it's not feasible to create any additional self-park spaces.

9) Captain's Walk ADA restrooms

Waiting for City permit.

10) Captain's Walk stairwell project

Waiting for architect's revised drawings.

11) Captain's Walk internet

Nothing new.

12) Realtor lease/sale reports

Spaces in the commercial unit are generating interest, as evidenced by the leases approved earlier in this meeting.

13) Rules revisions

Nothing new.

14) Association-owned units

After the sale of three units (15H, 16K, 27M) in February/March, the Association owns 19 units, with 14 being leased, one having been just vacated, one under contract for sale, one being offered for sale, and two being renovated for sale.

Meeting ended at 9:30 p.m. and went into closed session.

Special meeting of unit owners

March 14, 2017

Presiding: President Marcel Molins

The meeting was called to approve the sale of Association-owned unit 26L, but the deal fell through prior to the meeting. As a result, the unit was put back on the market.

Temporary personal trainer policy

Effective April 1, 2017

1. Only personal trainers, whether a resident or a non-resident of Malibu East, who have been pre-authorized by Management and have executed Malibu East's Personal Trainer Indemnification and Hold Harmless Acknowledgment and Personal Trainer Policy, are allowed to perform training within the common-area Fitness Rooms and the open area of the 4th Floor Deck of Malibu East.
2. Personal trainers wishing to be approved to train clients at Malibu East must abide by the following:
 - a) Provide proof of insurance containing:
 - personal health insurance coverage;
 - minimum coverage of \$500,000 comprehensive general liability;
 - additional insured naming Malibu East and Sudler Property Management.
 - b) Sign the Acknowledgment and Policy forms available in the Management Office, prior to performing any services, indemnifying and holding harmless Malibu East, its Board of Directors, its Members, its Agents, its Representatives, and its Employees from any liability.
3. Personal trainers, if not residents of Malibu East, must be accompanied, at all times, by their Malibu East resident clients.
4. Authorized facilities and fitness equipment and accessories contained in the authorized facilities of Malibu East used by personal trainers are strictly limited to brief instructional demonstrations for their clients. Non-resident personal trainers are not allowed to use the common-area Fitness Rooms or the open area of the 4th Floor Deck as their personal gym, i.e., must not work out or use the authorized common areas, equipment and accessories for their personal use.
5. Personal trainers are not allowed to bring to or use in the common-area Fitness Rooms and the open area of the 4th Floor Deck any personal equipment and/or accessories.
6. Personal trainers are limited to training resident clients in the authorized common-area Fitness Rooms and the open area of the 4th Floor Deck, and therefore cannot use any unauthorized common-area Recreational Rooms, 4th Floor Pool Enclosure, 4th Floor balconies, common hallways, staircases, lower level rooms, and the like for their training services.
7. Personal trainers may not bring guests or non-resident individuals to Malibu East for the purposes of training, demonstration, viewing, assistance, etc.
8. Both non-resident and resident personal trainers must sign in with the front door station employee located in the main lobby before heading to the authorized common-area Fitness Rooms or the open area of the 4th Floor Deck, and sign out at the same location in the main lobby at the end of the training session, whether the personal trainers depart from the building or not.
9. Personal trainers must wear and clearly display at all times a Management-issued badge when on Malibu East's property for training purposes. If lost, a replacement badge will be available for a replacement cost of \$50.
10. Non-resident personal trainers are not entitled to any access keys, metal or electronic.
11. Personal trainers must keep all noise/volume/voice at an appropriate level so as not to be a disturbance to others.
12. Malibu East assumes no responsibility for the actions of personal trainers. The conduct of personal trainers is the responsibility of the Malibu East resident who hires the personal trainer.
13. Personal trainers are not allowed to advertise or promote their services on Malibu East's property, on bulletin boards, or in Association newsletters.
14. Personal trainers are not allowed to train more than one (1) resident at a time.
15. Personal trainers performing their training in the common-area Fitness Rooms or the open area of the 4th Floor Deck of the Association, and residents using personal trainers performing in these authorized common areas, will be required to sign an acknowledgment of the relevant provisions of the Rules and Regulations and the Policies of the Association governing the personal trainers, and are required to abide by them.
16. Any violation or disrespect of the Rules and Regulations and/or Policies of Malibu East, or offensive behavior toward Management, building staff, or other residents, may result in a hearing before the Grievance Committee of the Board of Directors, possible fines and/or administrative charges, and permanent revocation of the personal trainer's privileges previously granted by Malibu East.
17. Malibu East reserves the right, at the Board's sole discretion, to cancel the allowance of personal trainers on the property, or to modify any or all provisions pertaining to personal trainers.
18. Personal trainers shall disclose to Management and execute additional Personal Trainer Policy and Indemnification and Hold Harmless Acknowledgment forms for any Malibu East resident client not listed in a previous Acknowledgment form, before they provide any training services to these resident clients in the common-area Fitness Rooms and the open area of the 4th Floor Deck of the Association.

Easter egg hunt

The children of Malibu East will be able to experience a treasure hunt when the Social Committee holds its annual Easter egg hunt on Saturday, April 8.

The event is open to children under age 10 who are accompanied by an adult.

Participants will meet at 10 a.m. in the Community Room on the fourth floor. The hunt for the hidden Easter eggs begins at 10:15 in the Windjammer Room.

Each child is asked to bring a basket or a bag to hold the eggs they find.

Refreshments will be served.

The *Dialogue* encourages parents to take photos of the event and email them to us for possible use in the May issue, at the staff's discretion. Send any photos to Dialogue@MalibuEast.org



Community Calendar

By Neil Warner

COMMUNITY AFFAIRS

BROADWAY ARMORY

Indoor park, six gym floors, trapeze classes, senior activities, athletic equipment, meeting room, computer center, dancing floor, shuffleboard, weights, arts and crafts, aerobics, ping pong, after-school activities and more.

Hours: Mon.-Fri. 7 a.m.-10 p.m.
Sat.-Sun. 9 a.m.-5 p.m.

5917 N. Broadway
312-742-7502
goo.gl/MSZSES

CHICAGO POLICE DEPARTMENT

Beat 2433 community meeting
Tuesday, April 25, 7 p.m.
Engine 70 fire house
6030 N. Clark
(Alternating CAPS and community meetings 4th Tuesday of each month)

EDGEWATER BRANCH LIBRARY

Check out their book clubs and other events.

6000 N. Broadway
Mon. and Wed.: 10 a.m.-6 p.m.
Tue. and Thu.: noon-8 p.m.
Fri. and Sat.: 9 a.m.-5 p.m.
(closed on Sundays)
312-742-1945

chi.publib.org/locations/28

EDGEWATER HISTORICAL SOCIETY

Continuing exhibit: "Edgewater Beach Hotel, 100 Years Later" (thru June 4)

Regular museum hours:
Saturday and Sunday 1-4 p.m.
5358 N. Ashland Ave.
773-506-4849

www.EdgewaterHistory.org

EDGEWATER SATELLITE SENIOR CENTER

Organized activities for seniors, Monday through Friday, throughout the year.

Broadway Armory Park
5917 N. Broadway
312-742-5323

FRIENDS OF EDGEWATER LIBRARY USED BOOK SALE

Proceeds from the book sale support library programs, purchase new materials and enhance the facility. The community is encouraged to donate gently used books for the sale.

Saturday, April 29, 9:30 a.m.-3 p.m.
Edgewater Library
6000 N. Broadway
312-742-1945

TEEN JOB DRIVE

Monday, April 24, 3:30 p.m.
Edgewater Library
6000 N. Broadway
312-742-1945
Details coming at
www.48thWard.org

TOUR OF COLVIN HOUSE

Pleasant Home Foundation of Oak Park hosts a tour of the newly renovated, historic Colvin House, followed by a visit to other Sheridan Road mansions. Cost: \$20.

Sunday, April 9, 2-4 p.m.
5940 N. Sheridan
pleasanthome.org

WHITE CRANE WELLNESS CENTER

Adult day wellness programs for persons 60 and over. Gentle yoga, tai chi, music, exercise, lunch and snacks.

Transportation provided within boundary area.
1355 W. Foster Ave.
773-271-9001
whitecranewellness.org

THEATER/SHOWINGS

ARTEMISIA THEATRE

"Visiting" by Ed Proudfoot

An unflinching exploration of the impact of bipolar disorder on four generations of women and the life-affirming discoveries a young woman makes about herself and her future.

April 14 thru May 7

The Edge Theater
5451 N. Broadway
312-725-3780

artemisiatheatre.org

CHICAGO INDUSTRIAL ARTS & DESIGN

"Cc: An Exhibition"

A showcase of duplicates and near duplicates, including series, editions, models, maquettes and product lines, all personal projects that have been realized with the resources at CIADC incorporating metal, wood, casting, molding or technological processes.

Thru May 21
Chicago Industrial Arts & Design Center
6433 N. Ravenswood
773-961-8498
ciadc.org

CITY LIT THEATER

"Forty-Two Stories" by Douglas

Post

A comedy about life in a Lake Shore Drive high-rise condo building where a professional student from the University of Chicago is moonlighting as a janitor, a stressed-out apartment manager is at odds with the residents and on the edge of a nervous breakdown, and a motley assortment of other staff members struggles with survival in the face of urban pandemonium.

April 14 thru May 28
Edgewater Presbyterian Church
1020 W. Bryn Mawr
773-293-3682
citylit.org

IDLE MUSE THEATRE

"The Scullery Maid" by Joseph Zettelmaier

As King Edward celebrates an uneasy truce with France, the lowliest servant in Nottingham castle, Miriam the scullery maid, initiates a murder plot that will see him dead before the night is done, no matter the cost.

Thru April 9
Edge Theater
5451 N. Broadway
773-340-9438
idle-muse.org

JACKALOPE THEATRE

"Blood at the Root" by Dominique Morisseau

Based on the Jena Six – six black students who were initially charged with attempted murder for a school fight after being provoked with nooses hanging from a tree on campus – this new play examines the miscarriage of justice, racial double standards, and the crises in relations between men and women of all classes and, as a result, the shattering state of black family life.

April 12-29
The Frontier
1106 W. Thorndale
773-340-2543
jackalopetheatre.org

LIFELINE THEATRE

"A Wrinkle in Time," adapted by James Sie

A heartwarming adventure across the stars, in a newly revised adaptation of a 1963 novel by Madeleine L'Engle.

Thru April 23
6912 N. Glenwood
773-761-4477
lifelinetheatre.com

(Continued on page 5)

Community Calendar

(Continued from page 4)

LOYOLA UNIVERSITY CHICAGO

“Romeo and Juliet,” by William Shakespeare

This timeless story of true love caught in the tension of violent social conflict continues to remain brutally relevant today.

Thru April 9

Newhart Family Theatre

Mundelein Center for the Fine and Performing Arts

1020 W. Sheridan

McElroy Shakespeare Celebration

Annual presentation of selected Shakespeare scenes performed by professional and student actors, accompanied by supporting lectures from an expert in the field of Shakespearean studies.

Tuesday, April 11, 7:30 p.m.

Newhart Family Theatre

“The Baltimore Waltz” by Paula Vogel

Upon being diagnosed with a terminal illness, Anna ventures to Europe with her brother Carl in a journey of comic joys and tragic twists.

April 20-23

Underground Laboratory Theatre
Mundelein Center

Masterworks: Music of Holst & Mascagni

Loyola’s Wind Ensemble and Percussion Ensemble perform their final concert of the season.

Thursday, April 20, 7:30 p.m.

Mundelein Auditorium

Mundelein Center

Honors Recital

A new crop of faculty-selected Honors instrumentalists and vocalists perform in the spring iteration of the Honor’s Recital.

Friday, April 21, 7 p.m.

Skowronski Music Hall

Mundelein Center

Classical Giants: Music of Mozart and Haydn

The finale concert of the season for University Choirs and the Symphony Orchestra. This concert features Haydn’s colossal “Te Deum,” as well as pianist James Fritz, the inaugural winner of the Loyola University Chicago Concerto Competition, playing the first movement of Mozart’s “Piano Concerto No. 20.”

Sunday, April 23, 3 p.m.

Mundelein Auditorium

Swing Into Spring

The Jazz Ensemble will swing us into spring with a collection of works spanning the decades. Classic works such as those by Duke Ellington will be performed alongside arrangements by leading modern-day composers.

Wednesday, April 26, 7:30 p.m.

Newhart Family Theatre

Chamber Ensemble Recital

Loyola’s Chamber Ensembles round out the year with the music program’s final performance of the semester.

Friday, April 28, 7 p.m.

Skowronski Music Hall

Spring Dance Informance

Closing out the academic year for dance, students at all levels of the ballet, modern and jazz technique classes will showcase a semester of barre work, floor work, and rep work.

Friday, April 28, 7:30 p.m.

Newhart Family Theatre

Dance Composition Performance

Choreographed by students taking the Dance Composition class and performed by dance students outside of the course, this performance provides an opportunity for Loyola dancers to explore movement and further their professional development.

Saturday, April 29, 7:30 p.m.

Newhart Family Theatre

artsevents.luc.edu/events

NOTHING WITHOUT A COMPANY

“The Kid Thing” by Sarah Gubbins

When two lesbian couples, who have been best friends for years, get together for a dinner party, an unexpected pregnancy announcement manages to rock both relationships.

Thru April 15

Berger Park North Mansion

6205 N. Sheridan Road

nothingwithoutacompany.org

RAVEN THEATRE

“Sycamore” by Sarah Sander

Set in a world where all the rules have changed, this play examines sibling rivalry, sexual and gender identity, and the importance of neighbors.

Thru April 29

“Not About Nightingales” by Tennessee Williams

When rules are unjust, we need to break them. This early play by Tennessee Williams is the story,

based on real events, of a prison in which inmates fight back against the oppression of a physically abusive and even murderous warden.

April 19 thru June 4

6157 N. Clark

773-338-2177

raventheatre.com

REDTWIST THEATRE

“Circle Mirror Transformation” by Annie Baker

When four lost New Englanders enroll in Marty’s six-week community center drama class, they begin to experiment with seemingly harmless theater games, but hearts are quietly torn apart, and tiny wars of epic proportions are waged.

April 12 thru May 14

1044 W. Bryn Mawr

773-728-7529

redtwist.org

RIVENDELL THEATRE

“The Firebirds Take the Field” by Lynn Rosen

It’s been 25 years since molecular neuroscientist Avery Kahn left Highland Falls, N.Y. But when 18 local girls, mostly cheerleaders, are stricken with a mysterious ailment, Avery reluctantly returns home to tackle what the locals derisively call the “girl disease.” As Avery becomes affected – and infected – by the girls, the case becomes more personal than she ever expected. Inspired by real events in 2011.

April 18 thru May 27

5779 N. Ridge Ave.

773-334-7728

rivendelltheatre.org

STEEP THEATRE

“Hookman: An Existential Slasher Comedy” by Lauren Yee

Her mother warned her about the treacherous hook-handed man hiding in the back seat, but only after a tragic accident could Lexi see the real threat of the Hookman.

April 15 thru May 27

1115 W. Berwyn

773-649-318

steeptheatre.com

Don't leave your laundry in the machine after it's done; others may need to use your machine.

City Lit shows comedy about condo life

By Beth Robinson

The following is one in a series of Dialogue articles spotlighting our local theaters.

If you have ever wondered when someone would write a play about your life, you might want to check out the world premiere of "Forty-Two Stories," a comedy about life in a Lake Shore Drive high-rise condo building at the City Lit Theater this month.

According to City Lit, the play is set in a "condo building where a professional student from the University of Chicago is moonlighting as a janitor, a stressed-out apartment manager is at odds with the residents and on the edge of a nervous breakdown, and a motley assortment of other staff members struggles with survival in the face of urban pandemonium. And with the fact that one of them may be breaking into the units and stealing women's underwear."

The play runs from April 14 through May 28, with preview performances April 14-22.

The playwright, Douglas Post, is a Chicago resident and founding member of the Victory Gardens Playwrights En-

semble. "Forty-Two Stories" was originally performed as a radio play and more recently featured at the Raven Theater in a workshop production as part of their New Play Development Series. City Lit will offer the first full production of the play. This will be the third Douglas Post work that City Lit has presented.

Full-price tickets are \$32, with reduced-price options for seniors, students, military and preview performances. Also, \$27 tickets are available if you use the promo code "ASCO." The Association of Sheridan Road Condo/Co-op Owners (ASCO) will receive a contribution for each ticket purchased using this code.

The City Lit Theater will offer one more play this season: "London Assurance," a comedy intriguingly billed as the first Chicago production of the play since 1897. The theater is housed on the second floor of the Edgewater Presbyterian Church at 1020 W. Bryn Mawr. The building has an entrance ramp and elevator. For more information see the theater's website at www.citlit.org.

Self-parkers: Be sure to close the inner garage doors leading to the tower.

Yoga now twice weekly

The yoga class now has two options for residents: Monday nights and Thursday nights. Each is considered a separate class - you can sign up for either one or both. The classes are held from 6:30 p.m. to 7:30 p.m. in the Windjammer Room.

Beginners are welcome. Trained yoga instructor Raquel Maldonado guides the class through a series of poses that focus on a participant's flexibility and balance. Each class member is encouraged to participate at their own level.

Here is how our classes work: If you would like to join either class, come to the first session, usually the first week of the month. At that time you must pay for the entire month of classes, which can range from \$30 to \$60 depending on the number of sessions that month and the number of class members. Each class will close to new members after the first session, reopening the following month.

The cost of each class is determined at the first session. Bring your checkbook and a yoga mat.



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 Cell: 773-425-2239
 Email: curtisjacobson@sbcglobal.net

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312-332-5575

- We are a home and office cleaning service.
- But more importantly, we are an organizing/cleaning service for people who need that service. Often, cleaning services don't organize and organizing services don't clean, but we can do both and at the same time!
- Please visit us for more information and "before" and "after" photos:

www.ChestnutCleaning.com




I have been getting top prices for Sheridan Road condos for over 25 years. And I would love to do the same for you.

I live here and love Edgewater. I understand what makes this area special and how to market it. I will sell your condo for the best possible price.

**Thinking about selling or buying?
 Call me. Let's talk. 773.430.2300**

John Diederich/Coldwell Banker Broker
edgewaterexpert.com






DirecTV Choice™ package 150+ digital channels (3/24/2017)

WBBM (CBS)	2	FOX Sports 1	219	History Channel	269	ION Television West	306	CNBC World	357
WMAQ (NBC)	5	NBC Sports Network	220	VICELAND	271	WGN America	307	Fox Business Network	359
WLS (ABC)	7	HGTV	229	POP	273	Freeform	311	Fox News Channel	360
WGN (CW)	9	Food Network	231	QVC	275	Hallmark Channel	312	WeatherNation	361
WTTW (PBS)	11	Cooking Channel	232	National Geographic	276	Jewelry Television	313	The Weather Channel	362
WCHU (AZA)	13	GSN	233	Travel Channel	277	QVC Plus	315	INSP	364
WYCC (PBS)	20	E!	236	Discovery	278	EVINE	316	GOD TV	365
WWME	23	Bravo	237	OWN	279	CMT	327	World Harvest TV	367
WCIU	26	Reelz	238	TLC	280	TV One	328	Daystar	369
WFLD (FOX)	32	AUDIENCE®	239	Velocity HD	281	BET	329	EWTV	370
WCPX (ION)	38	HSN	240	Animal Planet	282	MTV	331	Church Channel	371
WSNS (Telemundo)	44	Spike	241	Science	284	MTV2 HD	332	Trinity Broadcasting	372
WPWR (MNT)	50	USA Network	242	Investigation Discovery	285	IFC	333	The Word Network	373
WYIN (PBS)	56	Syfy	244	Disney Junior	289	VH1	335	BYUtv	374
WXFT	60	TNT	245	Disney Channel East	290	UP	338	Link TV	375
WJYS	62	truTV	246	Disney Channel West	291	Fuse	339	CTN	376
WGBO (Univ)	66	TBS	247	Disney XD	292	AXS TV HD	340	TCT Network	377
CNN	202	FX	248	Cartoon Network East	296	Fusion HD	342	NRB	378
Headline News	204	Comedy Central	249	Cartoon Network West	297	Sonlife Broadcasting	344	Uplift	379
ESPN	206	Lifetime	252	Nickelodeon East	299	RFD TV	345	COMTVH	382
ESPNEWS	207	AMC	254	Nickelodeon West	300	CSPAN	350	JC HD	383
ESPNU	208	TCM	256	Nick Jr.	301	CSPAN 2	351	SundanceTV	557
ESPN2	209	FXX	259	Nicktoons	302	NASA TV	352	Pursuit Channel	604
NFL Network	212	WE tv	260	TeenNick	303	Bloomberg TV	353	BTN	610
MLB Network	213	BBC America	264	TV Land	304	CNBC	355	SEC Network HD	611
MAVTV	214	A&E	265	ION Television East	305	MSNBC	356	Comcast SportsNet	665

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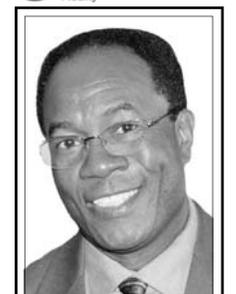
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- Police (24th Dist.) 312-744-5907
- Police/Fire Emergency Only 911
- Police/Fire Non-emergency 311
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The Malibu East Condominium *Dialogue* is published by resident volunteers to promote communication among owners, residents, the Board of Directors, management and staff of Malibu East Condominium, 6033 North Sheridan Road, Chicago, IL 60660.

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